

## Outstanding Guardsmen Selected By Awards Board

The Awards Program for Airmen is designed to select those individuals who have made significant contributions toward safety within their section, and who have demonstrated exceptional ability at their assigned job.

The NCO of the Quarter Award was taken by MSG Joseph E. Nicholas, a 7 level security police supervisor. MSG Nicholas, who lives locally in the Sandston area, works as a planning supervisor with the State Department of Highways. Before his entry into the Guard in 1973, he spent 4 years with the Air Force. His interests lie in hunting, bowling and fishing.



**MSG Nicholas**

The award winner for the Air Guardsman of the Quarter was SSG David M. George of the 192d Resource Management Squadron. The Midlothian resident, who has been in the Guard program for 9 years, possesses a 7 level and works as a material sorter/identifier in base supply. When he is not at the VaANG, SSG George is teaching and coaching at Matoaca High School. He is single and enjoys all sports and bridge.



**SSG Eacho**

SSG Terry L. Eacho was tapped as the Maintenance Man of the Quarter. A 9 year veteran of the Guard, SSG Eacho works in CAMRON's Repair and Reclamation Shop, where he has earned his 7 level. As a civilian, he is a project manager for Rawlings and Wilson, Architects, in addition to being president of the Varina Lions Club. Upon winning, SSG Eacho stated that the Awards Program is an excellent morale builder.

### *Naval Reserves Train Here*

If in the next few months you see a member of the military wearing a uniform which is obviously not Air Force issue, do not cite a 35-10 violation, for he or she may be one of 55 members of the Naval Air Reserve's Component 406. The flying unit is performing their drills with the 192d to provide more realistic training since the closest naval air element is some distance away. The experimental program, which is said to be working well, allows the reserve's ground personnel to utilize their skills in support of the Air Guard's mission.



Cpt John O. Thompson of Virginia Beach, CAMRON Administrative Officer, is being presented a letter of commendation and the National Guard Meritorious Service Award for being a winner in the National Guard Bureau's essay contest.

Col Mattox is shown making the presentation during the September UTA.

### **WHAT IS GOOD IN THE GUARD**

**By Capt John O. Thompson**

The greatest appeal the National Guard has for me is that it gives me the opportunity to be part of something that is uniquely special. No other organization in the United States has the mission the Guard has. Our job, which is to keep the peace within the states, provide crucial help during natural disaster, and be prepared to fight when called upon by the federal government, comes close to being the ultimate aspect of the mission of the National Guard, but it is not the most vital part of our mission. The most important duty of National Guardsmen is the actual defense of our nation in war.

No other part-time job is as exciting and crucial to our Nation's defense as being a Guardsman. We train diligently and pray that our skill and high level of preparedness will deter potential enemies from attack, but we know that we will come to the active defense of our country should a foolhardy enemy chose to test our mettle in war.

It is knowing we may have to fight that makes our job something unique and special. The Guard is the organization for anyone who wants to have the feeling of being part of something that is larger than self and more important than the money and excellent training offered by Guard units.

**UTA SUNDAY  
CHAPEL ACTIVITIES**

Sunday 0830 - General Protestant  
1300 - Mormon  
1400 - Catholic Mass

**Safety**

Condensed from *Lifeline* Magazine.

When the Air Force came out with its Occupational Safety and Health Standard 127-31 on Personal Protective Clothing and Equipment, the 192TFG Safety office published a list of work sections that required the wearing of safety shoes on a full-time basis.

Why the sudden emphasis on safety shoes? Well, if you'd experienced an accident like the one involving a Yorktown Naval employee, you wouldn't be asking that question, and your supervisor would never have to remind you to wear them. It seems the employee learned an 1800 pound lesson when a stalk of banding material slid off a pallet and onto his right foot. The end result--a swollen little toe! Had he not been wearing his safety shoes, the doctor told him he would have lost at least 4 toes and part of his foot. I don't know about you, but I haven't got that many toes to give up.

If you're unsure as to whether you should be wearing safety shoes (or any other personal protective equipment) check with your supervisor. There is a letter dated 4 September 1979 from this office that spells out each section's requirements.

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The opinions expressed herein do not necessarily represent those of the Adjutant General of Virginia or the Virginia Air National Guard.

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LUNCH  
4 OCTOBER 1980  
BEEF TIPS / GRAVY  
BUTTERED RICE MIXED VEGETABLES  
\*\*\*\*SALAD BAR\*\*\*\*  
ASSORTED DRESSINGS  
WHITE & RYE BREAD BUTTER  
CHILLED PEARS  
COFFEE MILK ICED TEA  
\*\*\*\*\*  
LUNCH  
5 OCTOBER 1980  
BAKED CHICKEN  
GIBLET WHIPPED BUTTERED  
GRAVY POTATOES GREEN PEAS  
\*\*\*\*SALAD BAR\*\*\*\*  
ASSORTED DRESSINGS  
HOT BISCUITS BUTTER  
CHERRY JELLO W/TOPPING  
COFFEE MILK ICED TEA

*Oct 31  
Halloween*

**OPSEC Update**

During the annual OPSEC briefing, it was mentioned that the Son Tay Raid in November 1970, the Entebbe Raid in July 1976, and the Iran Rescue Mission in April 1980, all had at least one thing in common: they all had an effective OPSEC program. Despite the ability, dedication, and enthusiasm of these brave people, none of these operations could have been completed without OPSEC. By most standards, only one of these operations was successful: the Entebbe Raid. Although the other two did not accomplish their objectives, they were not total failures, as some of the mission objectives were realized.

In May 1980, shortly after the abortive attempt to rescue the U.S. hostages in Iran, the Joint Chiefs of Staff Commissioned a Special Operations Review Group, to conduct a broad examination of the planning, organization, coordination, direction and control of the Iranian Hostage rescue mission. This Special Operations Review Group consisted of six highly qualified military officers, representing all four services. Their purpose was to provide a professional critique of the Iranian hostage rescue operation, to the Joint Chiefs of Staff.

It is interesting to note that the group identified 23 discrete issues. These issues are arranged in an order, beginning with the most general and conceptual, to the most specific and operational. The order implies no prioritization as to the importance or to chrono-

**CPR Council Selected**

A Cardio Pulmonary Resuscitation Advisory Council was recently formed to aid in fulfilling the requirements of the 192TFG, higher headquarter directives and associations responsibility for the nationwide effort of CPR certification. Those elected included TSG Edward Smith--President, SSG Neil Steenburgh--Vice President, MSG Frank Anthony--Secretary, Maj Joan Brumfield--Treasurer. Other council members include TSG Frank Helander, Cpt David Hite, TSG David Gay, TSG Daniel Pearson and TSG Robert Grizzard.

It is anticipated that several instructor positions will be available, and those interested are asked to contact Maj Marlene Ausen, Program Advisor, extension 307.

\* \* \* \* \*

logical order. OPSEC is listed as issue number one.

With regards to OPSEC, the Special Operations Review Group identified the following:

**\*\*All planning and preparation required maximum OPSEC, because it was critical to mission success to place the ground rescue force at their final assault position with total surprise.**

**\*\*The great emphasis on OPSEC, although vital to mission success, severely limited the communications necessary to coordinate the operation, particularly in handling unforeseen contingencies.**

**\*\*Greater selectivity and flexibility in the OPSEC arena, particularly within the JTF, could have been beneficial, in operational terms, without sacrificing security.**

The question of too much or too little OPSEC was easily the most controversial issue. The group's differences with actual JTF OPSEC practices epitomize the advantage of hindsight. The group did conclude that no one action or lack of action caused the operation to fail and that no one alternative or all the alternatives could have guaranteed its success.

In order to avoid some of the problem areas listed above, it behoves all personnel to become thoroughly familiar with the capabilities and limitations of a viable OPSEC program. In future operations, hindsight will not be such a critical factor.

## Guardsman Critically Injured In Swimming Accident

On 3 August, A1C Raleigh Pickard was left paralyzed from the shoulders down as the result of a swimming accident. Pickard had been an instrument technician assigned to the avionics shop for the past year and a half. He is now being treated at the University of Virginia Medical Center, But the doctors feel Pickard's paralysis will be permanent.

Pickard's family is hoping to purchase a specially-equipped van for his use after his release from the hospital. The van, and the special equipment, will cost approximately \$17,000. A group of Pickard's co-workers in the avionics



shop, with the permission of Col Alvah S. Mattox, Jr., the Group Commander, are launching a fund-raising drive to help the parents meet their goal.

During the October UTA, representatives will visit each work area for donations. Donations will also be accepted in the dining hall during meals on both Saturday and Sunday. All donations, no matter how large or small, will be appreciated.

For further information, contact SSG Steve Huxtable, TSG Bob Taylor or MSG Gary Gazzaway at extension 385.

One of our own is in a jam...let's help him.



Guests and escorts pose on maintenance stand during last year's Distinguished Visitors Day Tour. The second annual program is planned for this UTA.

The second annual Distinguished Visitors Day Tour, conducted by the 192TFG, is scheduled for 4 October, according to Project Officer, LTC John Shurley.

Approximately 15 area community and industry leaders are expected to attend the one day affair being briefed on the Air National Guard's mission, organization, educational and technical opportunities and a walk through of several work areas.

In addition to witnessing a flight leader's actual briefing covering details of his simulated combat mission, LTC George Davis, Unit Intelligence Officer will offer his most interesting and informative presentation on the Soviet threat.

## Outstanding Performance Turned In During Exercises; Unit Impresses TAC

The 192TFG has culminated what can be termed a tremendously successful year, taking part in Tactical Air Command deployments. The Patrick and Seymour exercises bring to a close what the National Guard Bureau says is some fine representation by members of the Virginia Air



Scenes like this were common throughout the year as the 192TFG prepare for one of the many TAC deployments.

National Guard.

Air Operations Officer, Major Bill Rose, indicated that no exercises are scheduled for our unit during the next two months. He also expressed his sincere appreciation for the efforts and cooperation of the 192d's participation in support of TAC.

## Association Notes

Delegations from both the Virginia National Guard Officers Association and the Virginia Enlisted Association attended their respective annual conference during September.

Enlisted delegates departed 13 Sep for Milwaukee, Wisc., and returned 18 Sep after nearly a week in the North country.

The officer contingent, numbering forty-one members and nineteen wives began arriving at Las Vegas, Nev., 20 Sep for the 102nd National Guard Association of the U.S. general conference. The get together concluded Wednesday evening with the traditional "States Dinner".

MG William J. McCaddin concluded a two year rein as President of NGAUS when the final gavel sounded.

It was announced that next year's NGAUS Conference will be in Biloxi, Miss.

The Virginia National Guard Association announced that the associa-

tion legislative committee will attempt to have two bills submitted for action this year. Both bills are designed to augment recruiting and retention benefits from a State level.

One proposal is a tax subtraction bill which would allow \$100 per year, for each year of Virginia National Guard service, up to 20 years, be subtracted from adjusted gross pay for Virginia tax purposes.

The second proposal requests that guardspersons be provided one set of National Guard tags at no charge or at a reduced rate. The proposed bills apply to active Virginia Guardspeople only.

It is felt that passage of these two bills, combined with current benefits into a "total benefit package", would enhance the recruiting of Virginians into the Guard and due to the perpetual nature, help retain members past the initial obligation years.

**PROMOTIONS**



Our congratulations go to the following personnel who were promoted to the grades indicated during the month of September.

149TH TACTICAL FIGHTER SQUADRON  
A1C PILSON, LONNIE E.

192D CAMRON  
SRA LEWIS, CHARLES E.

192D COMBAT SUPPORT SQUADRON  
MSG KELLOGG, WAYNE D.  
TSG NELSON, ELMER  
SRA AVERY, LISA G.  
SRA BROWN, MARY A.  
SRA GARY, BARBARA A.  
A1C. HAMPTON, DAVID L.

192D RESOURCES MANAGEMENT SQUADRON  
TSG OLIVER, WESLEY M.  
SRA VEREEN, ANNA B.

192D WEAPONS SYSTEM SECURITY FLIGHT  
SRA DICKENS, HAROLD C.

**DEMOTIONS**

The following individuals were demoted to the grade indicated during the month of September.

192D CAMRON  
A1C FRECHETTE, MARTIAL A.  
A1C HAZEL, LAWRENCE D. JR  
AMN CHILDRRESS, ROBERT E.

192D RESOURCES MANAGEMENT SQUADRON  
SGT COLTRAIN, PATRICIA A.

**Stay with  
a good thing.**

The Air National Guard has a lot to offer. Improve your salary and job skills as you gain experience. And build towards excellent retirement benefits.  
Keep up the good work.

You really belong in the Air Guard.

**4 OCT 5  
UTA**

**Additional Subsistence Entitlement Available For Eligibles During UTAs**


The Enlisted Advisory Council has announced that the mess hall will be open on Sunday mornings commencing with the October UTA, from 0700 to 0745, serving eligible personnel.

According to ANGR 146-01, paragraph 3a(1)(b), Authorization to Subsist in ANG dining hall, airmen remaining overnight at the training site (contract billeting) are authorized two meals per day when participating in UTAs totaling 8 or more hours per day during each of 2 consecutive days.

The additional Saturday meal will be in the form of a Meal Authorization Chit. Since contractual arrangements for the use of the Chit requires considerable time, the entitlement will not be available until the November UTA.



Former Chief of Supply, LTC Kenneth E. Gathright, has assumed the position of Deputy Commander of Resources, vacated by LTC William A. Andrews who is now Director of Logistics. LTC Gathright, a native Richmonder, has been in the Guard for 32 years with some 26 years spent as a military technician. Prior to that, he was a member of the Richmond Fire Bureau.



This year the Veterans Administration celebrates its 50th year of service "To care for him who shall have borne the battle and for his widow and orphan." Categories of individuals covered have expanded over the years, along with the benefits. Here's one VA benefit—  
**EDUCATION LOANS**—Direct loans from the VA help pay for your studies at up to \$2,500 a year. After you stop attending, you have 10 years and 9 months to repay. The nearest VA office has full information and forms.

**Load Crew Of The Quarter**



**TAC Munitions-3rd Qtr)** An Air Force information letter has chosen a load crew of the 192d Tactical Fighter Group as "Load Crew of the Quarter", an honor usually reserved for a regular Air Force unit.

A surprised SMS Raymond Foster, NCOIC of Weapons Loading, said that TAC's Director of Munitions, Colonel Jimmie M. Rasmussen, during his recent visit to the 192d saw the

unique photo and encouraged its submission to the periodical.

The winners, SSG Stephen Vass, SSG Terry Mason and Sgt Jerry Johnson not only load together, but work together as members of the Henrico County police department. In addition to their regular police duties, all three are field training officers and members of the department's Tactical Team.

## Training Team To Conduct Base Wide Alert Exercise

During the August UTA, signs were posted throughout the base showing the warning signals for an attack and/or an alert situation. Sometime during the October UTA, an exercise will be conducted by the Exercise Evaluation Team to test the 192TFG's response to a disaster situation.

# It Can Happen Here!



<b>NEAREST SHELTER IS</b>	
<b>WARNING SIGNALS</b>	
ATTACK WARNING 3-5 MINUTE WAVERING SIGNAL	TAKE SHELTER OR PROTECTIVE ACTION IMMEDIATELY <small>IF CHEM / BIO ATTACK - WARNING WILL BE SUPPLEMENTED BY PA-TELEPHONIC NOTIFICATION</small>
ALERT SIGNAL 3-5 MINUTE STEADY TONE	LISTEN FOR ESSENTIAL INFORMATION RADIO - PA PEACETIME DISASTER SITUATION EXISTS / IMMINENT
ALERT RECALL 3 ONE MINUTE BLASTS REPEATED AT 3 MINUTE INTERVALS	START ALERT PYRAMID REPORT TO DUTY STATION IMMEDIATELY
<small>LOCAL SIGNALS / PROCEDURES:</small>	

## October 5-11 Is Fire Prevention Week

When the warning signals are heard on the base siren, the proper response will be to seek immediate shelter and listen for further information. Currently there are no emergency shelters on base, and until shelters have been designated, any office or building will suffice. Everyone outside must take shelter inside the nearest structure and remain there until told otherwise.

Good "housekeeping" on the job means more than a clean place to work--it means a workplace kept as safe as possible from the hazards of fire.

Every employee, as well as every owner, has a responsibility to keep fire risks at a minimum in the workplace. A good way to achieve this is to develop routines for following and monitoring good house-keeping practices.

Here are 10 suggested activities to carry out on a regular basis:

1. Remove rubbish and other waste from the workplace daily--and more often if necessary. Store safely until proper disposal is possible.
2. Keep rubbish and ordinary waste in metal industrial waste containers until removal can take place.
3. Place highly combustible waste and rags in special cans with self-closing covers; set the cans up off the floor.
4. Handle hazardous materials in accordance with safety rules of the base. (For example, liquids should be stored in safety cans designed for that purpose.)

5. Do not accumulate large quantities of combustible metal scraps. Keep salvagable or reclaimable pieces in clean, dry, tightly covered, noncombustible containers; store them outside the building.

6. Store clean waste and packing materials in covered bins.





7. Check metal pans with oil-absorbing compounds that control oil dripping from machinery. Remove oil-soaked materials in these pans at regular intervals.

8. Don't let stock or equipment obstruct aisles, fire doors or access to sprinkler valves. Fire doors should never be blocked open.

9. Keep motors, fuse panels and switch boxes clean; make sure all wiring is in good condition.

10. Check to see that important signs such as "No Smoking" or "Flammable Liquids" are kept properly posted. Make sure that extinguishers and other fire fighting equipment are in their proper places and maintained regularly.

For further information, contact Fire Department, Technical Services Branch, extension 361.

COLOR	MEANING	ACTION TO TAKE
	MAJOR ACCIDENT WITH FIRE	START EVACUATION OF 2000 FOOT CORDON
	WEAPON ENGULFED IN FLAME	EXPEDITE COMPLETION OF EVACUATION
	WEAPON DETONATES	TAKE COVER - POSSIBLE FLYING DEBRIS
	CHEMICAL ATTACK OR CHEMICAL ACCIDENT	EVACUATE UPWIND AND REPORT SIGHTING

TSG Michael Woody, NCOIC of Disaster Preparedness, suggested that all members be familiar with the warning signals and their meanings, colored smoke and its meaning, and the proper response for both.

**Insurance Coverages Explained.** DA officials point out that full coverage in both Veterans Group Life Insurance (VGLI) and Servicemen's Group Life (SGLI) won't pay double returns for a soldier's or veterans beneficiary. The government insures all soldiers for a maximum of \$20,000, regardless of whether they have full coverage under both programs or only one. Those eligible for both SGLI and VGLI should choose full coverage in one program or partial coverage in both for a combined amount of not to exceed \$20,000.

THE EPILEPSY FOUNDATION OF AMERICA says the disease affects one person in every 100 or more than 2,000,000 Americans. Epilepsy is rarely inherited; anyone can get epilepsy at any time.



## FOREST FAX

Sheltowee, Daniel Boone's Shawnee tribal name, is the name given to the 254-mile trail just opened in Kentucky by the Forest Service. Call the nearest National Forest Headquarters for information on this trail and 99 others like it.

## Pistol Shooters Participate In Championship Match



Civil Engineering has recently completed the first phase of a new road, linking the O&T Building with the C.E. complex, cutting the distance to 1/4 mile.

The construction, providing base personnel with an excellent training opportunity, and a \$17,000 savings to the government, is scheduled for paving next year.

The National Guard Bureau conducted the Winston P. Wilson rifle, pistol, and machine gun championships at Camp Robinson, Little Rock, Arkansas from 31 August through 13 September 1980. The W.P.W. matches are conducted annually to promote marksmanship by providing high level competition among the states with particular emphasis devoted to improving individual shooting skill, team spirit, physical fitness, and leadership qualities of the competitors.

Three Air Guardsmen from the 192-FTG pistol team were selected to shoot on the eight man composite pistol team from Virginia. They were TSG R. Bassetti--CAMRON, TSG R. Cash--CAMRON, and TSG W. Edwards--CSS. The other shooters were from Virginia Army Guard units.

The team placed 31st overall, with 45 States competing. Col



Bradley, the State Marksmanship coordinator, attended the matches to assist the team and he was pleased by comments from other commanders about the excellent military courtesy and appearance of the Virginia team.



**Abused children  
are helpless.  
Unless you help.**

# Winterize your home. Save heat and money.

Your home should be just as prepared for winter as you are. Severe weather can result in serious emergencies: storms can knock down power lines, shutting off not only lights but also heating equipment which needs electricity to operate. There may even be periods when it is difficult or impossible to get out of the house.

Here are some things you can do to protect your home and stay comfortable:

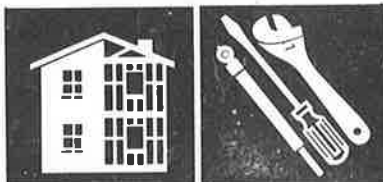
**Insulate your house.** Reduce air leaks to keep heat in and cold out. Caulk and weatherstrip doors and windows. Install storm windows or cover windows with plastic. Insulate walls and attics. For detailed information on how to insulate your home, contact your State Energy Office your local utility company, or Public Service Commission

Have some type of **emergency heating equipment** available so you can keep at least one room warm enough to be livable if your furnace is not operating. The heat source you choose will depend on where you live or whether you own a home or rent. A fireplace with an ample supply of wood is, of course, excellent. A small, well-vented wood or coal stove, when installed properly and with regard to safety, is an efficient, low-cost heat source which may be used in houses and some apartments. If the residence does not have a built-in flue to accommodate the heater, check whether a permit is required to construct a flue.

**Be careful.** Know how to use this emergency heating equipment safely to prevent fire or dangerous fumes. Proper ventilation is essential. For detailed information on safe handling of alternative heat sources and equipment, talk to a local dealer. Check your local telephone directory yellow pages under "Heating."

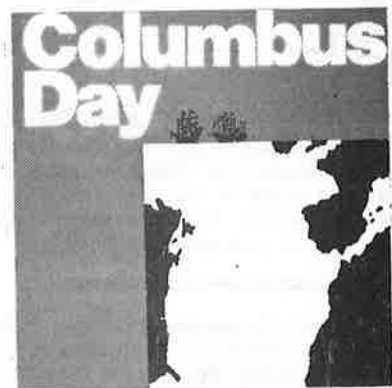
**Keep pipes from freezing.** Wrap the pipes in insulation made especially for water pipes, or in layers of old newspaper, lapping the ends and tying them around the pipes. Cover the newspapers with plastic to keep out moisture. When it is extremely cold and there is real danger of freezing, let the faucets drip a little. Although this wastes water, it may prevent freezing damage. Know where the valve for shutting off the water coming into the house or apartment is located. You may as a last resort have to shut off this main valve and drain all the pipes to keep them from freezing and bursting.

**If the pipes freeze** despite efforts to prevent it, open faucets wide to allow for expansion of the frozen water. Remove any newspaper that may be around pipe. Wrap pipes with rags and pour hot water over the rags, with the faucets still open.



Aluminum can drive for Muscular Dystrophy--Final collection was \$461.16.

Thanks to all who supported this worthwhile program:



## Club 149

Join in the fun, apply for membership now! Applications available from any club council member.